



Today is Day 1 of the New Year and of January, so what exactly do you intend, and what do you choose to focus on to change in your life that is from your heart and is love-based? This is a very important day that will help you set the energy because your higher vibration of thoughts, actions, words you speak, etc., from a point of leading your life in a new, co-creative fashion such as this will greatly assist you in receiving the peace, freedom, and positive abundance you're searching for!

For more information and to map out your plans for these first important 12 days of the year, as well as for each month of the year, this link will take you my recent Newsletter with more information and tools to support you. Make this the start of your new daily routines by putting this inner work first. Truly, this is what we cannot afford not to do any longer! Intend for this to be your best year ever!

<http://archive.constantcontact.com/fs091/1101954614140/archive/1109020585756.html>

In love, appreciation, and in the divine presence of sacred light, Happy Day 1 and Happy New You/Year!



Today is Day 2 of the New Year and of February, where we utilize this energy as an opportunity to make conscious choices regarding your response motivations...so, here's a suggestion for this activity outlined in the "2012 Map":

One evening an old Cherokee told his grandson about a battle that goes on inside people. He said, "My son, the battle is between two wolves inside every one of us.

One is Evil (the "dark wolf"). It is anger, envy, jealousy, conceit, sorrow, hatred, greed, arrogance, self-pity, resentment, inferiority, lies, pride, lust, superiority, and ego.

The other is Good (the "light wolf"). It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

The grandson thought about it for a minute and then asked his grandfather:

"Which wolf wins?"

The old Cherokee simply replied, "The one you feed."

So, consider this...

"...Power is not about controlling forceful natures, it is not about exerting force on another in order to get your own way, or to attain selfish gain. True power is the ability to stand firmly within your body, grounded on Earth and connected to Heaven, centered within yourself and surrender to life, and the ability to objectively observe the various natures of life interacting with your physical self.

"True power is an inner essence like beauty; it is a vibration which is emitted through the chakras, like beauty is. This power, however, embodies highly charged energies in the form of the signature of wisdom and the signature of love..."

Law of Power ~ Master Kuthumi-Agrippa through Michelle Manders, www.palaceofpeace.net

Noting this...

“...The two most powerful vibrations that humanity is learning to integrate at this time is that of light and sound. These two energies are what make up just about everything that you are conscious of in life and much more of what you are unconscious of. By working more than one chakra at a time, you are also activating multidimensional levels of consciousness for yourself, as well as working with parallel aspects of yourself to manifest in a different reality. This means that as part of a group soul you are drawing other members of your group soul into an accelerated process of integrating 5th dimensional consciousness, and awakening to the gifts that come with that awakening to life in a new way.

“Your bodies may very well experience physiological change; there may be physical sensations within your body that you experience. Some of you may experience it in the form of an emotional detoxification and others of you may experience it in an influx of very powerful inspirational creative energy. It does not matter how you experience it. What is important is that you do experience it; that you experience life in a new way.

“The Masters of the Light and Life have also chosen to make it a part of their duty to teach people the importance of spiritual well-being, and to understand how important it is for the physical body, the emotional body and the mental body to be as balanced and as clear as one’s spiritual body is. Without the four systems of light, the four bodies, being aligned and balanced, one can never truly achieve the higher levels of initiation. There are a number of initiations that you will go through. And in the not too distant future more initiations will be presented to people on this path; more intensified lessons revolving around initiation and ascension. Those who choose to embark upon the path of intensive training regarding the various levels of initiation will find themselves working for a period of 12 to 24 days or weeks, per initiation. All in all, one needs to go through 5 levels of physical life initiation, before one is reconnected with the spiritual hierarchy of the highest levels of life that exist beyond the 66th dimension. The Life Dragon facilitates these 5 levels of change within your life, and shows you how the 5 Sacred Elements of human life are to be integrated and mastered.

“Once this has occurred, one then experiences a whole new level of spiritual rebirth and awakening and therefore, a new quality of life. That rebirth and awakening expands one’s senses beyond what one can imagine at this time, and that is when one is taken through many new lessons of integrating the universal wisdom of life and understanding that, that power is what drives Love, therefore life. The power of light is what gives birth to love. The power of love and light combined, manifest the power of wisdom. The power of wisdom gives birth to additional love and a more superior quality of life...”

Life Dragon from Dragon Footprints deck also the “5D Crown and Third Eye Combo Activation”

Master Kuthumi-Agrrippa through Michelle Manders, www.palaceofpeace.net



Day 3 of 2012/the energies of March: practice receiving guidance in how you can be creative. Doing this daily helps you build confidence in your abilities to receive your guidance, which builds your trust and faith!



Today is Day 5/May: what is communicating through you (not just your thoughts, words, etc.), but also understanding the underlying factors which communicate through the projection of energy within YOUR energy field! You can take flight with your angel wings and choose to experience a new level of freedom!

By the way, what happened to my post for Day 4/April yesterday? IT NEVER HAPPENED! Good Heavens, I was so busy with many experiencing difficulties with anxieties, runaway thoughts, etc., I never got to my posting! Day 4 was about exploring every single corner of the dark aspects of yourself and structures that support you, needs to be reinforced, or altered, as well as resurrecting any latent qualities you may have. Needless to say, it was felt by many! So...

Don't underestimate the value of your soul investment, which is the importance of your daily inner work/spiritual practice. It most certainly is the basis of the freedom you are looking for! Have a wonderful day!

<http://www.hispanicallyspeakingnews.com/educacion/details/surround-yourself-with-positive-energy/4175/>



Day 6/June: PLAY! Your authentic self includes your inner child, and this high vibration energy of play becomes part of your energy field, so play within the energy of everything that is new, such as the change which has come about to show you a new direction, or your new point of focus, etc. <http://elev8.com/spirit/daily-offerings/robindownes/affirmation-for-today-my-inner-child-is-free-to-have-fun/>



Day 7 and the month of July! "7" is the magickal number of Merlin as well, so focus today on the fact that your healing journey brings to life the miracles you have been blind to, which were created by the pain, sorrow, grief, guilt, etc. Surrender and allow the miracles of life to reveal themselves to you, proving to you that life is a miracle and that it is filled with magic which can, will and has manifested before! (Thank you, Mary Magdalene through Michelle Manders.) www.PalaceofPeace.net



Day 8 and August: review what worked for you on Jan. 4th (April), as this year is a stairway to heaven, each step revealing to you the positive abundance already in your life, what have you fueled by the infinite source of creation, what has worked for you or not...do you need to set new boundaries and redefine the structures of your life? It is time for you to align with these energies to go another step farther! The energies of an attitude of gratitude will assist you well today and for the month of August as this is a powerful month of light, love, and wisdom of the infinite source of Mother/Father God's love for you!



Day 9 and the month of September are days of death and renewal! Review your intentions from Day 1 (also the month of January) and observe what has/has not worked for you. This is key in revealing to you those conscious/unconscious parts of you that may be sabotaging your efforts, a perfect time to work with your guardian angels in the process to help you through this as we enter a new birthing cycle for the next 9 months! This is another reason why a daily spiritual practice is so important, and I begin a three-week class tonight to help you start your own practice or to "tweak" your current practice. You are investing in your soul...the most important investment you could ever possibly make at this amazing time facing humanity! Use today's full moon energy and light a candle to usher in your new truth and clarity with unconditional love to all parts of yourself! This is so exciting, and I am thrilled to be on this journey with you! Many blessings with bunches of xo!



Day 10 and October: whew, destiny, here you come!!! Take the power of the new energies you have been attracted to and magnify these positive energies by asking your guardian angel to expand upon this and reveal to you the more expanded aspects of your ability to lead in powerful new ways. Seeing how you've lead your life up until this point is a powerfully revealing exercise, for it can show you w...here stubborn patterns still taunt you...this is a day/month where you are powerfully aligned with the energy imprint of your destiny! Concentrate on setting the intention that the pathway of your destiny be revealed to you on a more conscious level at this time, and ask Spirit to continue inspiring, motivating, and guiding every aspect of yourself. Choose how you wish to lead your life differently, if it is required; if not, choose to lead with a more concentrated focus on expanding the quality and power of your great source of energy so as to continue experiencing the magnificent enfoldment of what you have come to see about yourself and to continue expanding upon it! (Michelle Manders and www.PalaceofPeace.net)



Day 11 and November shows you the independent innovative leader of light you are! Spirit reveals to us the important facets of our role as a leader of the light, supporting the magnificent journey of the soul, and the magnificent manifestation of the power of love and truth you have embodied throughout the year. So, today, as day 11:

- 1) Go deeper within yourself to request that the mastered aspects of you come forward.
- 2) Highlight the areas of your strengths now to be the concentrated focus of your actions, your thoughts, and your words so that you may support the changes, the transformation, and healing you have contributed to as a catalyst of change within the great plan of life.

Today and November is a very important time of self-reflection. For more details for today/November and information regarding the “plan for 2012” from Mary Magdalene through Michelle Manders, go to www.palaceofpeace.net.

Also, if you need assistance with how to bring this inner work into your life and to bring in the changes you desire, please visit my web site for a “Daily Spiritual Practice” class at www.faithparent.net.



Day 12 and December is the energy of reflection. If you've invested the energy required, you will see you have grown more than you could ever imagine, and it's time to plant those seeds that are ready to take off! The seeds are ready for you because you are now at a turning point, and the Grand Master of Light gather with you to celebrate everything you have mastered, the challenges you have overcome, and the wisdom and love you have applied and gained!

Write down everything that stands out to you, specifically the gifts you have acquired throughout your first 12 days (for today, January 12th) or the first 12 months (for December 2012). Write how you can take this into the new year of 2013, strengthening their qualities, utilizing them as skills to repeat what you have done this year. What you shall be repeating is the utilization of your skills mastered and the processes which led to you gaining deeper insight and knowledge of yourself.



Take the plan you just worked for the last 12 days and start today with a systemized approach. Spend 30 minutes each day in silence, centering yourself, and look objectively at all that must be done, taking one step at a time, asking that time support you, that time move with the rhythm of your heart so that you may complete all that which is in accordance with the highest will of your soul and in accordance with the will of the Divine Plan of Life all around you. This will bring a sense of peace into your being. If there are certain tasks that are unable to be accomplished or completed, just simply accept it and move with the rhythm of your own personal time!

Restructuring your morning before you get into the rush of your day and your routines is supported today as the Moon is in Virgo; this energy assists you with this daily routine and sometimes painstaking work of inner reflection. Heck, it's also a great day to start a diet! Sometimes, we just have to "make stuff happen" in our lives that we tend to put off. We've spent the time planning the work so now just work your plan. It's something you'll begin to look forward to, if you don't already, and watch how you begin to schedule more time than the original 30 minutes!

If you'd like help and support in this new approach, join me this Monday for the 2nd part of this 3-part series for a Daily Spiritual Practice. The first class is available for listening now or in the future. See my tele-classes page for more on my web site! <http://www.faithparent.net/Tele-Classes.html>

In love and appreciation always, Faith xo

Friday, January 13, 2012