

Psychic Attacks are Common: What are they? What is one to do?

Many people of all walks of life and backgrounds have asked me “what exactly *is* a psychic attack”? To understand what a psychic attack is, we first have to understand there is psychology involved in this spiritual event often referred to as a “psychic attack.” - The [definition](#) of the word psychic is “relating to the psyche” or psychogenic, which is “originating in the mind or in mental or emotional conflict.” The origin of the word psychic is the Greek psychikos of the soul, from psychē soul, and its first known use dates back to 1642.

It’s important to know that a psychic attack is an aspect of psychology, as well as the fact that there are energies outside of the self, and through the self, that impact each of us. The Law of Attraction and/or karmic situations are also powerful players in a psychic attack.

The topic of psychic attacks will be more widely discussed as humanity as a whole is being pushed to step into emotional intelligence and spiritual intelligence. And as ugly as the truth can be sometimes, these truths are the truths, which are being exposed whether we like it or not.

To define psychic attacks is to say they are the conscious and unconscious manipulation of, and/or by, negative energies and negative forces, and as such, are a very basic fact of life here on Earth. People of all ages are experiencing psychic attacks every day. They just don’t know it; or it’s a habit/they are used to it; or they wouldn’t think to give it this label; or they are too afraid or ashamed to talk about it as some experience the extreme types of psychic attacks like what you see and think are only in the movies; and it’s very common that some people get excited about it as they might feel “special attention”, which attracts more attacks.

There are many different kinds of psychic attacks, as well as methods to dispose of them. Here are some examples of psychic attacks, and some may surprise you:

- Dreams that are not that obvious, such as when someone you love and trust comes to you in a dream but displays very negative behavior or any behavior that is not typical for the loved one —it’s really not the loved one but another entity portraying your loved one.
- It can be an irrational fear that comes out of the blue, or a fear you may have that is intensified. For example, a fear that is survival-based or feeling dis-empowered in some way has your imagination or thoughts running away with you that are far more intense; you may have the fear of people judging and criticizing you, talking about you, and out of the blue you’re in an almost panic attack about it.
- Someone yelling at you or is verbally abusing you, bullying in a way that is dis-empowering you verbally and is also doing it in front of others. These examples leave us feeling raw. This actually shatters your auric field, making you weak and draining you of energy and allowing the attacker to take that energy. They enjoy your dis-empowered state as that makes them feel more powerful than you.
- You may have the impression that someone is behind you and places both hands on each of your shoulders, as if someone is wiggling in to your auric field. Some can actually feel it!
- Unexplained headaches and extreme fatigue.
- Often sick, may have chronic back pain, and never seem to get well from a lingering illness.
- Obsessive interest in sex and other addicting behaviors, drugs, alcohol; promiscuity.
- Dreams of being raped and exhausted afterward.
- The indescribable feeling to do something you “wouldn’t normally do”, as if you’re not in control. Even to the extreme, such as rape and murder.

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- Unexplained expressed negativity, such as the blurting out of something negative, hurtful, or lustful.
- Uncontrollable urges that are fear-based actions and behaviors, victimizing and bullying others.
- Intense gossip, judging, anything that is nasty in communication either verbally or written.
- You may feel like you're having a panic attack or an overwhelming anxiety out of the blue for no apparent reason, such as a completely overwhelming feeling that people are talking about you or people all against you or whatever your fear an illusions may be; they are now super-sized areas of insecurity.
- Behaviors that are breaking up a family and causing strife within the home environment, such as the mother/father fighting or pitting family members against one another; any discord between the family members where there is judging and criticizing others' and their actions or lack of actions or how they live their life, etc. THIS IS ONE OF THE DARK ENTITIES' FAVORITE PLAYGROUNDS—I'll explain who the dark force entities are further down in this article. Homes and our home life is probably the most unknown aspects of psychic attacks; they "set up shop" in people's homes all of the time and it is most easily done through the TV and music playing in the home, not to mention they attach themselves while you're out and about and you bring them home. They can also be beings that didn't go into the Light when they physically died.
- Family members fighting on intense levels, such as false feelings of being ostracized, or even very intense physical fighting between siblings, the mother/father of the household have hate and anger towards each other where the family may split up either in people taking sides emotionally or even physical separation so as to ensure festering feelings of disgust and negativity. Anything that provides extreme stress in the household, including finances, too, of course.
- Increased use and over-use of alcohol and all drugs (illegal, prescription, over-the-counter)
- Sexual appetites greatly increased
- Any of the above items particularly experienced in the home to bring and maintain chaos and destruction, interrupting sleep, rest, healthy balance in body/mind/spirit so that the home cannot be the nurturing place it is meant and needed to be.
- Rest is a major key to keeping the auric field strong, exercise, and proper nutrition – the physical health – is a huge factor.
- Other symptoms might include nightmares, headaches, increased anger, hate, survival mode, depression, extreme constant exhaustion, any stress or fear that gets "super-sized" for no apparent reason.

The home is a huge problem that most people are unaware of as one of the biggest and most common arenas for psychic attacks. The reason is because home is where the heart is and where we should be able to recharge our batteries; what better than to create strife and negativity than in the home so people are worn down and susceptible for further attacks? Often times these beings are present in generation after generation, keeping with the family lineage. In doing research for this article, I found many excellent resources available in both print and the internet that are extremely well done as they discuss the many aspects of this important subject of psychic attacks. I've listed these at the end of this article.

The intention of this article is to explain the key to protection from psychic attacks, which is the vitality of the human aura. Our auric field is our natural shield of protection. This vitality is

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accomplished by ensuring the health of the four lower bodies (physical, emotional, mental, and spiritual), as well as the chakras; they all emit energies that are either positive or negative into the auric field which either support and strengthen or pierce this field.

Briefly, psychic attacks can be summed up in one word: power.

It is an effort to either dis-empower you,
to take your power (energy),
or both!

(To learn more about the chakras and our auric field, I have some information that will help you about this topic and how the Universe works through our bodies, in my [January/February 2013 newsletter](#).)

Since most of us are feeling extremely dis-empowered, burned out, and the illusion that we have no control and are living like slaves to survive, this is the perfect setting for a psychic attack. Not only is this true, but **the lack of self-love, self-esteem, and self-worth is a huge opening for attacks**. The truth is we are waking up from a deep slumber and as a part of this experience is to remember the power of the soul in a human body, therefore, the power of the human. We are absolutely in control of accepting our own power, and doing so, it increases our vibration.

Through raising one's vibration through the psychology of the path to self through our chakras, our auric field is strong, and we are no longer vulnerable to these attacks. There may be times of "crisis" where an expert needs to be brought in to help you because you are "in it," under extreme attack perhaps, so this article is to address those "post crises" times or for those who aren't in crisis mode. It's also a great way of understanding how the attack may have occurred in the first place so that you know what to do for prevention.

It is extremely important to know that no one, no healer, can keep you risk-free from psychic attacks because you and you alone control your vibration. Each of us has experienced a psychic attack at some point in our lives. This is why we all need to know this information, as well as because you will know someone at some point that will have these attacks, and you can help by explaining why and what do to.

Psychic attacks can range from verbal abuse, jealousy (even if not outwardly obvious by the person who is jealous—this is known in many cultures as "the evil eye"), bullying in the physical realm (emotionally, mentally and physically), and also what you might call spiritual bullying, including the use of Black Magic which is prayer used with negative intent. Black Magic is also gossiping, judging, criticizing, ridiculing, lusting, verbally abusing, belittling, etc; think of Black Magic as an abuse of the Throat Chakra: Words are power because they embody vibrations, vibrations that you might not necessarily feel, or even understand, but you do feel the effects of the vibrations of these words. When someone whom you care deeply for says "I love you", your body responds in a positive manner. If something negative is said to you by the same person, your body goes into shock, it withdraws and feels emotional and often even physical pain. It is the vibration of those words, as well as your understanding of the definition of those words, that hurts you. Now that's what it does when it is done face to face. These are examples of psychic attacks involving forces at work of everyday life, including how we relate/speak to ourselves in our own mind and our family members that we live with. Talk about creating a dark space within our own homes!

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Of course, discernment is the key when trying to identify if you are, in fact, experiencing a psychic attack, and there are numerous writings on the subject. Sometimes it can be someone hearing the reverberation of their own dissociated complexes.

Further research on this subject will reveal lists of other examples than I have listed here, but the point is it is all about YOU. Whatever area of your life, reflected to you in your own experiences and through your chakras, that is a weak spot, especially relating to the lack of self-love, self-worth, self-esteem, sex, power, and money, is the way it will manifest for you. However, it's very important to know that if you're experiencing any type of psychic attack, it is actually an opportunity for growth that you will never, ever forget. When you're in it, there is no way you see it as a blessing, but it is truly one of the most transforming experiences anyone can ever imagine as you are in a position of discovery regarding the truth behind that situation. You also learn that often times the one who is doing the attacking and bullying is either currently, or has been, a "victim" as well.

Furthermore, psychic attacks are often an indication of an area requiring an emotional and spiritual healing that is absolutely life changing in the most amazing ways as we leave victim consciousness and poverty consciousness behind and step through the doors of prosperity consciousness, victory consciousness, unconditional love, the realms of inner peace, and connecting to spirit in ways we never ever could have imagined. You are able to stand in the fullness of who you really are as Mother/Father God intended you to be, standing in your power! This is a great lesson of love, compassion, and cooperation of the self, which then can be extended outwards and brings healing into the home environment. Holding this high vibration for yourself becomes the strongest energy in the home and transforms those in the household and your home. It works! This is true in all types of attacks, which leads me to another type of psychic attack: spiritual bullying by "others not of this dimension."

Spiritual bullying does come in all forms/shapes/sizes in realms not easily seen by the naked eye, and it does absolutely exist. I know this to be true because I actually experienced many of these beings myself and didn't know what or who they were, and I thought I was losing my mind! All I knew in my experience up until that time was the angelic realm, working also with Mother Mary, Jesus, Joseph, St. Germain, etc...beings of the light.

As much as the media is to blame for so much negativity and "dark" themes, it can also be a huge help to me when I describe what these beings look like and how they work. Examples to follow...

So, who are these beings? First, we have to say that sometimes people die, those whom have left this Earth plane (3rd dimension) through the physical death process of shedding one's physical body, they don't always go on with their journey; they remain attached to the Earth plane. For various emotional reasons, such as "unfinished business," or they died in a very deep negative emotion such as anger at one or more people, many are stuck in this in-between state. Another reason people stay attached here is due to the lack of spiritual vision while here on Earth. They don't move on, and sometimes in a session, I discover these beings or family members and we talk to them about what they need and how we can help them to move on to the next step of their journey. It is never a force of wills. It is always done with extreme compassion. It is our duty and responsibility to assist and not be controlling, telling them what to do. When you hold this in your intention and heart, they willingly go into the light. When they make the decision to go into the light, it happens instantly and is truly a gift to observe. It is one of the most moving moments to bear witness.

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In addition to people who are lost souls here, or may be trapped and need help to move on, there are, in fact, a number of non-human entities, and these energies are able to interact with the 3rd dimension as well as humans can. The easiest way for the communication is through technology, such as beeps in a smoke detector or a security system, flashing lights, etc. For an example, I was explaining to someone on Skype what the vampire entities were and checked my smartphone after our session. Well, I guess they wanted to shake me up or something because I actually got a text message FROM me that was TO me, and it said “suck my...”. I called my cellphone provider to follow-up about a sexually explicit text message, and the phone number the text came from was only one digit off from my actual phone number, and it was a nonworking number.

This in-between realm where they dwell is called the 4th dimensional Astral Belt, which is the realm between Earth and what many call “Heaven”. If you’ve watched the PIRATES OF THE CARIBBEAN, it is like that in-between world of the pirate crew who are not dead or physically alive. This Astral Belt is a realm that feeds the darkness of its own dark consciousness, or their dark self which is their unenlightened self.

In addition, you may have heard of trapped souls or lost souls, and there are TV shows that are proving/disproving a building as being haunted, which are souls that either chose to stay here or are actually trapped and lost. What bothers me most about these shows is they are televised into the homes where the beings in the 4th dimension pick up on those connecting with the show either because they relate to the person in the home with certain similar psychology traits, or they are attracted to the person's light/energy and want it for themselves, or they may want help as in the movie SIXTH SENSE. Most children and teens today are extremely sensitive to energies, and they are the ones that suffer the most. It is so important that this article and others like it are understood and shared to help educate people so they know what to do and NOT to be scared. We're constantly bombarded with scary movies about dark-force entities and ET's so we're taught to be afraid and powerless.

The definition of darkness is the absence of light, and when light particles become stagnant, darkness ensue; therefore, to transmute darkness (or to change/alter to a higher form), all one really needs to do is simply get the light particles active again. This is done through the powerful Law of Attraction through the Law of Intention and through conscious co-creation. This not only applies to the external world, but very much to each of our own selves as well. This is how vibration increases; it is by addressing these dark aspects of ourselves, transforming them, and when held for long periods of time, we are at a higher vibration and able to maintain it.

You may have heard of entities in the forms of other creatures, such as Reptilians, Draconians, Greys, and many others. These are simply names given to a force that chooses to focus on darkness. Recently, my family and I watched the new SPIDERMAN movie, and I almost fell on the floor when the story line not only included a Reptilian and how it looks, but they also used the term, Reptilian, as its name! Someone did their homework for that movie.

For those reading this and don't believe it, well, that's because you haven't had the experience. Experience is why we are here on Earth. It is through experience we came here to learn, as one cannot succeed in their spiritual growth without going through the emotional doorway. I tell people that it just hasn't been brought into your own conscious awareness—yet! As we are growing, it is a typical part of the process to expand one's consciousness which by divine design includes our psychic abilities. This is a very natural part of who we are as human beings. There's a fabulous book

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that explains this in detail written by a former Catholic monk, mystic, and attorney: Jim Marion's Putting On the Mind of Christ: Inner Work of Christian Spirituality. Regardless of your religion past or current, I'd highly recommend this book for several reasons, but mostly for those to understand that "psychic" is not a thing to fear. It is a part of who we are, and now that you know the true definition of the word from the beginning of this article, it should help chip away any negative associations with this word. After all, isn't it true with anything: it is where your intention is, your motivation, before you take any action that determines the outcome and quality you've produced? Here's a great example of what I mean. Before you take any action, pay attention to the motivation behind it. Ask yourself, what is my intention? Am I acting out of love and cooperation of self or fear/anger?

Those entities of the dark forces COUNT on you're being in fear, lack of self-love, self-worth, and self-esteem, and worrying about money. They COUNT on you being in survival mode and feeling unloved and scared about not having enough money. These dark-force beings are bullies of the darkest kind, as they take advantage of our consciousness, too. They are extremely manipulative and know we are here with a childlike or adolescent emotional and spiritual abilities because that is the design here on Earth for our growth, and we are like "easy prey" for them. I hope this motivates you to step into your own authenticity, your full light. They don't want you to know about this, and they build their strength because they also COUNT on you not talking about it for various reasons, including fear, shame, guilt, and thinking it can happen to you. Remember, they need your lower-vibrating energy to literally feed them; it's also their currency and they collect it. I've seen this happen right in the middle of a three-way intersection in front of my house one morning. I closed that portal they opened, which is an interesting story to share some other time.

Let me add here that it used to make me very sad when people judged me for my strong abilities as a "psychic." As of this writing, I have helped two families find the bodies of their missing loved ones. Both times the police were called in, and the bodies were found. Can you imagine how healing that was for those families? I've had to work on that rejection for quite sometime, and it's wonderful to say that is behind me now. To use this Evil Wolf/Good Wolf analogy below, I know my heart, and I know my actions are rooted in the Good Wolf and so do the beings I work with, as well as Mother/Father God.



Think of the Evil Wolf (which you can associate with the lower ego and refer to it as the Dark Wolf) and think of the Good Wolf (which you can associate with your soul and living a soul-directed life, aka the Light Wolf) as a battle of us giving in to our fears. This process of moving from the Dark Wolf

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living (lower ego of fear/fright/flight) to the Light Wolf (soul) can be the most gut-wrenching of times, as it can feel like someone is just ripping your spirit out from the bottom of your feet. Jim Marion's book also explains this very important process we move through, which was termed the Dark Night of the Soul back in the sixteenth century. I've also briefly discussed this in my March/April 2013 [newsletter](#).

So, going back to the term darkness and its definition, it's much easier to understand this: **when any person, regardless of who they are; regardless of their spiritual, emotional, and/or mental development, chooses to focus primarily on darkness, or anything that lacks light, they stand the risk of attracting these entities, as well as allow psychic attacks to have an impact on them.** The movie GHOST is an excellent movie that shows this, too. The scenes where the dark beings come up from the ground is spot on!

It's very important to know that primarily negative emotions/thoughts are not the only thing that attracts entities. There are also many, many Lightworkers (those who focus on the light) who attract the attention of dark beings because of the amount of light the lightworkers themselves emit. These dark entities, even though they focus on darkness by choice, have an inner desire to be set free. But, because they do not know how, they remain within the quagmire of that darkness, desiring the light. The moment the light is seen, they will gravitate toward it, and this is why one needs to be emotionally mature, mentally mature, and spiritually mature within equal balance because you can be as spiritually advanced as any of the greatest gurus on the planet, but if you are in a state of emotional arrested development, such as at the age of 5, and you spend your life reacting from the ego, entities will attach to that energy.

And, in fact, it is the immature Lightworkers on an emotional level or on a mental level that run the greatest risk of entity attachment simply because the light of the spirit catches the entities' attention. They come forward because the emotionally or mentally unintelligent aspects of self are delving in the darkness, dabbling with all of those negative energies. So, you are literally an energetic buffet, so to speak! This is one of the biggest concerns I have for those going into places to document hauntings, too. They place everyone at risk for these reasons, including the crew, as often times they are excited and also rushing out provide "entertainment" or because it's fun to watch a "character" on TV, or they are purely in rescue mode. Their heart is holding Dark Wolf intentions instead of the Light Wolf.



This emotional and spiritual "immaturity" is a major safety issue and is why it's so important to really know yourself. Even if you haven't healed a particular area in your life completely, your awareness of that weak spot which has moved from your subconscious to your consciousness is a huge benefit to

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you because the attacker has no strong hold on you any longer. You are no longer dis-empowered by fear. Consider this a huge benefit of doing inner work! You're auric field is better than Teflon®! These entities can't get close to you, let alone "stick" to you.

Secondly, since most of us are painfully aware that we "don't like ourselves very much," that is an example of not standing in our own light—our light is our inner authority and our own personal power. This is the will power and the solar plexus chakra, and if you recall, psychic attacks are all about: power. Whether the attacker is human or non-human, even beings referred to as the devil or demons, know that these beings are psychic bullies and psychic leaches and take advantage of the current lower consciousness of humanity so they can feast on our negativity. An out-of-balance solar plexus chakra inhibits your ability to fully embrace your personal power, and also it is the solar plexus chakra that is generally most affected by the psychic projections of negativity and judgment that comes from those around you. They may not say anything, but psychic energy still penetrates that chakra and causes disharmony and discordance in your life. We are constantly bumping energy fields with everyone we come into contact with, and again, most people just don't like themselves very much or have many negative "tapes" and "programs" that run in the background of their mind. The programs running in our subconscious or unconscious minds can either be productive and confirming that which is supporting you, or can be continuing to support your debilitating and self-sabotaging programs.

The above paragraph will answer the question: "But if I don't pay attention to entities then, why should they interfere with me?" Yes, that is correct. However, if you are (consciously or subconsciously) focusing in any area of your life on the limitations and the negatives, then you run the risk of an entity attaching to you. This is how the Law of Attraction works: it's all about energy and so are psychic attacks. Where love is, fear cannot be. Try it! Take one moment and just let yourself feel love right now. Think of a pet or someone you love until you smile. Now try to think of something you're afraid of. It's impossible to do, isn't it? Love and fear cannot exist in the same space; it's impossible. Love is God; God/ is Love. So it's extremely important to know which you give your attention to mostly: Fear or Love?

Although we may not want to hear it, we are attracting these attacks without consciously realizing it. It is necessary to change is our perception regarding attraction; in doing so, this will help us break out of victim consciousness.

So please remember that we feed these entities, as well as those who haven't gone into the light who died, and keep them here on planet Earth by emitting negative emotions and thoughts, which is done through our chakras and into our auric field. Thus, *"...focusing on what you are positively moving/working toward rather than becoming overwhelmed by what you perceive as challenges coming at you," can help you see it is not the Universe flinging mud pies at you trying to deliberately make you falter or fall, but that it all has to do with you. Therefore, understanding and accepting that what you are attracted to is part of your mental, emotional, and energetic make-up in that moment and phase of your life, reveals to you and empowers you to make informed, wise, and empowered adjustments, choices, and changes within your life which alter the negative energetic "output" vibration you emit based on your "make-up." This in turn ensures that the "output vibration" attracts you to the positive energies you are aligned with as a result of the positive "in-put" to your "out-put." It is your duty to yourself to make whatever alterations are necessary to change your vibration so that you are attracted to something positively different, leading to opportunities to embrace living your*

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best life ever..." (Cosmic Law of Attraction - Law 4 - Lady Guinevierre through Michelle Manders - The 55 Cosmic Laws Series)

The absolute key to successfully protecting all of our energies lies in the aura. No psychic attack can take place unless the aura is weakened or pierced. The aura is weakened by the lack of balance of body/mind/spirit, as well as our actual health of the four lower bodies: physical, mental, emotional, and spiritual. The aura is weakened by a poor diet and insufficient water intake, lack of exercise, fresh air, and rest; stress; alcohol and drugs, smoking; emotional upheavals; fear and worry; guilt and blame, negative habits; improper psychic activity.

As our emotional chakras come into a more balanced state of self awareness, this naturally provides a positive impact on our four lower bodies. No longer distracted by survival mode, we are now thriving and co-creating with the higher realms instead of co-creating with those that are a part of psychic attacks! The journey we choose to take of our conscious balancing of body/mind/spirit absolutely provides for a strong auric field, preventing psychic attacks from impacting you. This is your "full armor of God."

Also, be assured in the knowing that the **"...higher quality energies which are supporting the constructive process of co-creation do not need that highly intense process of maintenance. Those higher quality energies maintain a constant energy which keeps your vibrations at a higher level, and because those vibrations are at a higher level, it is far easier for you to remain in alignment with the energies which bring peace, which bring harmony, happiness, joy, playfulness, creativity, and all the wonderful energies you choose to experience. So like anything in life when one is dealing with poor quality, one has to spend a lot more energy to repair that which has become broken as a result of the poor quality. One is having to expend a bunch of energy to constantly ensure the maintenance of that particular area, so this is just a small example in terms of helping you understand how your programming affects you on a physical level as well as on an emotional, mental and spiritual level..."** (Cosmic Law of Programming - Law 42 – Kuthumi-Agrippa through Michelle Manders - The 55 Cosmic Laws Series)

"An ounce of prevention is worth a pound of cure." Benjamin Franklin

As humanity is in the midst of a major emotional and spiritual evolution, so the psychology of humanity has to increase in its ability to make a thorough and dramatic change. The ability to increase our psychological transformation will allow the spiritual intelligence and the emotional intelligence to be equally balanced. This means a holistic approach to life instead of separating the body/mind/spirit aspects.

So whatever the situation may be, do not dwell on the problem, as the "Explanatory Note" in Dion Fortune's book, PSYCHIC SELF-DEFENSE explains. *"...stand back from it and give yourself space! Believe and put your trust in something much more positive, bigger, and better."* Many of the beings really want you to not talk about this and keep it in secret. Secrecy is how they win, so it is speaking the truth and putting these subjects in the "light" that dis-empowers them. Kick them out of here by raising your vibration so you are no longer feeding them with your fears and lower vibrations. Let's put them on a starvation diet by standing in our own power, our light.

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The halo often depicted in religious paintings is actually the part of the auric field around the head area. This is the part of the aura that was most easily seen, and this is where your “heavenly” chakras are, as described in my January/February 2013 Newsletter.

Also, I highly suggest you watch the movie THOR for many reasons. First of all, it’s a great example of someone blessed with abilities, but where they are in their emotional/spiritual growth makes them “dangerous,” feeding the energies of the dark. As THOR awakens, you see the use of and what “proper power” is. I know many people trying to do entity clearing work, but they are very dangerous to themselves and those around them and in relationships with them. There are not spiritually mature, motivated by the lower ego, which makes them part of the Evil Wolf group they are trying to stop. They have no idea they are in it and feeding it. This cannot be overstated enough. Especially those interested in “rescuing” and also those who want to be on TV to show people the truth. Again, this movie shows this example most beautifully. The revelation THOR experiences is perfect! Secondly, it is so important for you to watch the small scene after the credits. It’s only a couple of minutes long, but it has to be the single most powerful thing to observe to show you exactly how the dark forces work without your knowing it. Talk about the power behind the words, “(Wo)Man, Know Thyself!” Thirdly, the movie very calmly explains that magic and science are one, but it is on Earth that we make them separate.

Ted Andrews’ book, Jim Marion’s book, THOR, and the “Entity Detachment” are excellent go-to resources, as well as these others I’ve listed below. Also, please visit my website often, and read my many newsletters. I have a great deal of information throughout

I hope you found this article helpful, and mostly, PLEASE help me educate others by sending others the link to this article. You have permission to share parts of this article or in full, but please provide the link to its origination. I will continue to update this accordingly!

Peace is all around you. And it’s inside of you, ready to be set free! This is where you’ll find TRUE power!

All my love, Faith xo

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PSYCHIC PROTECTION: Balance and Protection for Body, Mind & Spirit by Ted Andrews

PSYCHIC SELF-DEFENSE by Dion Fortune

PUTTING ON THE MIND OF CHRIST: Inner Work of Christian Spirituality by Jim Marion

THOR, 2011



“Entity Detachment and Plug Removal” from the Plug Removal Mini-Course:

<http://www.palaceofpeace.net/default.php?ipkCat=82&sid=82>

Cosmic Laws: Law of Attraction and Law of Programming: <http://www.palaceofpeace.net/default.php?ipkCat=66&sid=66>

“FAQ: HOW TO AVOID BEING PSYCHICALLY ATTACKED aka Black Magic”

<http://www.alunajoy.com/2006Faq-psychic2.html>

“Entity Clearing”

<http://www.entityclearing.com/>